**The Need for Someone to be In A Community**

**Overview**

We humans are social beings, it means we are not meant to live alone, isolated or away from others. Otherwise, we might meet difficulties that we cannot face alone by ourselves. That is why community is absolutely necessary for a person to be involved in. "Community – meaning for me 'nurturing human connection' — is our survival. We humans wither outside of community. It isn’t a luxury, a nice thing; community is essential to our well being." - Frances Moore Lappe Community provides lots of benefit in our lives, but here are some of the most important one:

* Connections

There is a saying, *Your Network is Your Net Worth* and community provides you with many ranges of networking depending on the size of the community. You will increase your chances of encountering opportunities by growing your network.

* Support

Who do you turn to when you’re in need? It will be very convenient to have someone to turn to when something happened, it would be very nice to have a community to rely upon that understand what you are going through.

* Resources

Why do you think founding teams has higher percentage of succession than solo founders? It’s because it’s almost impossible to do everything by ourselves. No matter how talented or how smart you are it still will be hard to have to do everything alone. To overcome this, you need to find people who have expertise in some areas that you lack. This is where community comes in handy.

* Belonging

Have you ever felt like you don’t fit in? It can be a lonely experience. As human beings, we need sense of belonging, that sense is what connects us with many relationships. Community provides you with that sense. There is nothing you have to change to be part of a community, instead you are appreciated for what you are and for how unique you are.

There are a lot of communities out there, but finding a community that fits you sometimes can be hard. That is why you need to spend time looking for one. To do this, you have to start with self-reflection, what you like to do? What you’re interested in? What is important to you? What are your purposes in life? Since most community have their own purpose and they share the same minds and ideas. One might share the same interest, it can also share the same value, it may share the same beliefs, religion or many other things.

**Literature Review**

Another research regarding this matter (Rawsthorne, M.L..(2014) *RESEARCH ON THE IMPORTANCE OF COMMUNITY AND NEIGHBOURHOOD LEVEL FACTORS* [online] <https://www.researchgate.net/publication/332290100_Chapter_2_RESEARCH_ON_THE_IMPORTANCE_OF_COMMUNITY_AND_NEIGHBOURHOOD_LEVEL_FACTORS>) states that building local social cohesion can reduce ill-effects of conditions and circumstances that would ordinarily exacerbate social problems. There are correlations between unemployment and crime, low-income and malnutrition. These things are greatly reduced when people in an area are connected to one another and to their community.

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|  | **Across 495** |  |  |  |
|  | **postcode**  **areas with**  **cohesion scores** | **Low social cohesion**  **N=164** | **Medium social**  **cohesion**  **N=176** | **High social cohesion**  **N=155** |
| **CRIME** |  |  |  |  |
| Unemployment/imprisonment | .44 | .67 | .30 | .17 |
| Unemploy./crim. convictions | .49 | .67 | .48 | .30 |
| Early sch. leav./imprisonmt | .42 | .47 | .16 | .14 |
| Low fam. income/imprisonmt | .48 | .64 | .17 | .09 |
| Yr 12 incomplete/imprisonmt | .16 | .25 | .09 | .08 |
| Low work skills/imprisonmt | .49 | .42 | .14 | .19 |
| Early sch. leav./convictions | .48 | .51 | .66 | .37 |
| **CHILD MALTREATMENT** |  |  |  |  |
| Unemploy./child mistreat | .44 | .63 | .44 | .26 |
| Low fam. inc./child mistreat | .36 | .59 | .42 | .27 |
| **CHILDHOOD INJURIES** |  |  |  |  |
| Year 12 incomplete/injuries | .05 | .53 | .04 | -.11 |
| **NON-ATTENDANCE AT**  **PRESCHOOL** |  |  |  |  |
| Low fam. inc./preschool | .39 | .56 | .44 | .17 |
| Early sch. leaving/preschool | .42 | .57 | .46 | .17 |

This table is from a survey by The Department for Victorian Communities between 2001 and 2005 for 37.500 residents of Victoria, Australia.

**Analysis Synthesis**

As we can see from this research, areas with a high cohesion area clearly has a lower rate of ill-effects of condition and circumstances than areas with low cohesion. People who’s in a community tend to not do ill-deeds.

**Conclusion and Plan**

Community is proven to be very beneficial for not only ourself but also people around us. This strengthen the idea of the need for a person to be in a community. Look for a community that suits you starting from your educational stage, especially in college.